

## **Annual Multidisciplinary Pain Day Symposium**

Jan 20 2018, Radisson Aquatica Resort

Proposed Scientific Program:

### **Welcome Remarks 8:00 am:**

Director of Medical Services, Queen Elizabeth Hospital, Mr Anthony Harris - Welcome

Dr Judith Nicholls, Pain Management Physician, Queen Elizabeth Hospital – Remarks and brief outline of pain management services in Barbados and plans for regional development.

### **First AM Session 8:30 am – 10:30 am:**

Session moderator: Dr Toni Nicholls (Neuropsychologist)

Theme: Development of a Transitional Pain Service and Psychosocial management of chronic pain and opioid addiction.

- Dr Joel Katz (8:30 am-9:05 am) - Risk Factors for Chronic Post-Surgical Pain
- Dr Hance Clarke (9:05 am-9:40 am) – Development of a Transitional Pain Service- prevention of the progression to chronic post-surgical pain
- Dr Aliza Weinrib (9:40 am – 10:15 am) – A psychological perspective on pain management

Question/Answer segment: 10:15am-10:30am

### **Coffee Break 10:30 am-10:50 am**

### **Second AM Session 11:00 am-1:00pm**

Session moderator: Dr Gerry Warner (Chief Physiotherapist, QEH)

Musculoskeletal Pain Conditions and Spine Intervention.

- Dr Shane Drakes (11:00 am – 11:35am) – A Comprehensive approach to evaluation and management of common knee conditions
- Dr Harpreet Sangha (11:35 am -12:10pm) – A Comprehensive approach to evaluation and management of common shoulder conditions
- Dr Neilesh Soneji (12:10pm – 12:45pm) – Evidence based spine interventions

Question/Answer segment: (12:45pm – 1:00pm)

**Lunch 1:00pm-2:00pm**

**Afternoon Session: 2:00pm – 4:00pm**

Medical Cannabis:

Moderator: Dr Damian Cohall (Senior Lecturer in Pharmacology), Deputy Dean, Faculty of Medical Sciences, University of the West Indies, Cave Hill Campus.

- Dr Lakshmi Kotra – Smoke, mirrors and the medicine in medical cannabis (2:00pm-2:35pm)
- Dr Hance Clarke - The future applications & implications of medical cannabis in the clinical setting (2:35pm-3:10pm)
- Dr Mark Ware – Developing a policy & research framework and regulations for cannabis legalization for medical purposes (3:10pm-3:45pm)

Question & Answer Segment 3:45pm-4:00pm

**Closing Remarks and Vote of Thanks 4:00pm – 4:15pm**